

Top 10 Components of a Success Mindset

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Success starts with mindset. Different mindsets give different outcomes. A poor mindset leads to poor results. **A positive mindset leads to success.** While your experience, education, and skills can matter a lot, your mindset can make all the difference.

Luckily, anyone can develop a mindset primed for success. It's certainly easier and less time consuming than mastering a complex skill!

Create a mindset that creates success! Include these components in your mindset:

1. **Gratitude.** Be grateful of what you have and have already accomplished. Be happy for the success of others. If you can't feel happy for others when they are successful, your own success will be limited.
2. **Evaluation of risk and reward.** Successful people are masters at evaluating risk and reward. **Unsuccessful people either refuse to take any risks or take on far too much risk for the potential reward.** Neither is a successful way to approach life.
3. **Focus on emotional and physical health.** Sacrificing your health for success isn't true success. What do you really gain if you achieve your goals but sacrifice your physical or emotional health in the process? Know your priorities before chasing success.
4. **Abundance.** **Believe that there is enough to go around.** Then, you won't be in competition with others. You'll only need to compete with yourself. You'll

maintain a more positive attitude if you believe your dreams are possible. What do you believe is possible for you to achieve?

5. **Keeping mistakes and failure in the proper context.** Failure is guaranteed to happen more often than not. Learn from your mistakes and failures and try again.

6. **Growth.** Placing a priority on growth is a necessary part of success. **You can't achieve anything new without growing in some way.** It might be your skills, attitude, discipline, or courage that need to grow. Rest assured, something needs to grow if you're currently stuck.

7. **A willingness to be uncomfortable.** Growth isn't pleasant. There will be discomfort as you develop yourself, fail, and make mistakes. Even success can be uncomfortable. How uncomfortable are you willing to be to become successful?

- **The willingness to be uncomfortable is the limiting success factor for most people.**

8. **A positive attitude.** How much are you willing to do if you're certain you'll be successful? A lot. How much are you willing to do if you don't have high expectations? A lot less. Give yourself and your abilities the benefit of the doubt.

- Notice how you think and how you talk to yourself. Is it positive or negative? What impact do you think that has on you?

9. **Planning.** Success for each person is a precise goal. You're not going to hit it on accident. Without a destination in mind and a plan for getting there, you're

relying too much on luck to reasonably expect success.

10. **A great mentor.** A mentor that has achieved the success you desire knows where your head needs to be. He knows what's important and what's just noise. **Your mindset will be more accurate and effective if guided by a qualified mentor.**

Think about your current mindset and compare that to the results you're currently experiencing in your life. Can you see the connection?

If you feel that you have the skills you need to be successful, but still come up short, it might be time to take a look at your mindset. **Anyone can choose their mindset.** There are no prerequisites for having a great mindset. You can just choose. Put your mind into a positive state that aids in your success.

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